

CORNER HOUSE BEHAVIORAL HEALTH EARLY PREVENTION AND LEADERSHIP PROGRAMS

Our Mission

At Corner House, we know that addiction is an indiscriminate disease that can affect any family, regardless of background, history, or socioeconomic status. We are dedicated to preventing and treating addiction by engaging and supporting individuals and families in life-long healthy living and recovery. Our multi-faceted approach to a healthy future includes treatment services as well as prevention programs that work directly with the youth in our community to provide them with the support, tools, and skills they need to thrive.

Program Overview

Our evidence-based leadership and prevention programs are intentionally designed to foster leadership, civic engagement, and healthy living. Each of our initiatives are age-specific and work together to create a continuum of service for students from 6th grade all the way through high school graduation. We provide five programs:

Early Prevention Programs

- **STAR** *Super Teens Acting Responsibly*
- **AST** *Academic Success Today*

Leadership Programs

- **TAG** *Teen Advisory Group*
- **GAIA** *Growing up Accepted as an Individual in America*
- **CHSB** *Corner House Student Board*



EARLY PREVENTION PROGRAMS

Academic Success Today (AST)

Our Academic Success Today program pairs students in 6th, 7th, and 8th grades from John Witherspoon-- Princeton's *only* public middle school-- with mentors from Princeton University. Many of our AST students come from low-income, minority household and are typically referred to us through their school counselors. Mentors provide academic support, social support, and serve as positive-role models for students.

**WE HAVE BOTH BUILT STRONG
RELATIONSHIPS WITH OUR
MENTEES, RELATIONSHIPS
THAT HAVE BLOSSOMED INTO
GRATIFYING FRIENDSHIPS.**

Isabelle Nimick & Reis White, AST Project Leaders

Super Teens Acting Responsibly (STAR)



STAR is a gender-responsive weekly chat group for girls attending Princeton Middle School. Each week, the girls get together to discuss important topics like wellness, bullying, peer relationships, and substance abuse. The small group setting allows the girls to ask questions freely and without fear of judgment, which means that they gain the knowledge they need to make healthy choices for their futures.

LEADERSHIP PROGRAMS

Growing Up Accepted as an Individual in America (GAIA)

GAIA is a one-of-a-kind initiative that leverages the dedication and passion of high school students from public and private schools to connect, teach, and facilitate healthy social development in young kids. GAIA students work together to promote peace, stop hate, and combat bullying. To that end, they meet each week to develop impactful workshops and presentations on inclusion, diversity, bullying, etc. which they then present to 2nd and 7th grade students.



Teen Advisory Group (TAG)



Our Teen Advisory Group (TAG) is comprised of high school students who work together to ensure a health, drug-free future for themselves and their peers. Together with a skilled program facilitator, our TAG students meet weekly for educational sessions on the important topics that affect their lives, like peer relationships, bullying, etc. Additionally, our TAG students are leading the way for their peers by creating presentations for 5th and 8th grade students on the risks associated with alcohol, tobacco, and drug use/abuse/addiction.

Corner House Student Board (CHSB)

Corner House Student Board is specifically designed for high school seniors to build essential leadership skills and foster civic engagement. CHSB students work together to create fun, drug-free events for their peers, reducing the risk that teens will turn to drugs and alcohol during their out-of-school time. As part of their commitment to civic engagement, select CHSB students also join the boards of the Princeton Alcohol and Drug Alliance, Corner House, and Corner House Foundation.



Corner House has provided me with the learning tools to grow as a leader and inspired me to become more involved in my community. --Stella, CHSB Member

Corner House Outreach Programs



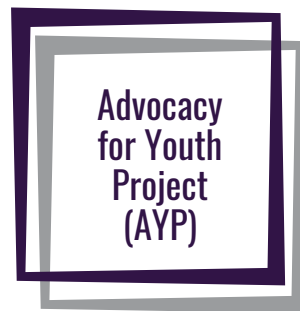
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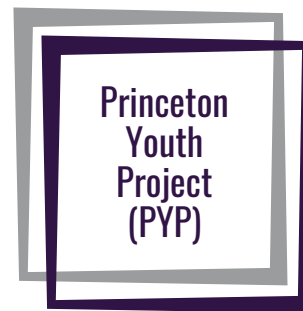
Outreach Overview

Our evidence-based outreach programs are specifically designed to meet the unique needs of youth in our community. Our outreach program consists of three individual initiatives that are both gender-responsive and age-specific to provide a continuum of support and ensure a successful transition from high school to the world at large.

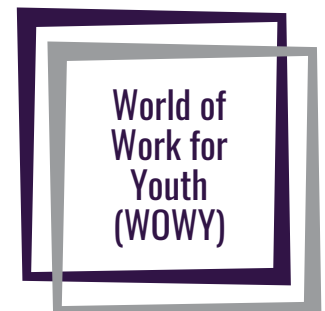
The Initiatives



A bi-weekly program for 9th grade students focusing on the skills they need for a successful transition into high school.



Designed for young men in grades 10-12 focused on college and career readiness skills that ensure a successful transition to adulthood.




Designed for young women in grades 10-12 focused on college and career readiness skills that ensure a successful transition to adulthood.



Advocacy for Youth Project (AYP)

Our Advocacy for Youth Project is a year-round initiative designed to equip 9th grade students with the tools they need for a successful transition to high school. Throughout the year, students gain valuable life skills like goal-setting and time management. We take a holistic approach to our students' success by utilizing an evidence-based curriculum and providing individualized guidance and mentorship. Additional program components include service learning projects, community involvement, and tutoring, ensuring that our students are well-rounded citizens equipped for success.



15-20
new freshmen reached each year



18
inspirational speakers teach valuable lessons



100%
students promoted to the next grade level



180
hours spent learning essential life skills



World of Work for Youth (WOWY) and Princeton Youth Project (PYP)



While both WOWY and PYP have the same goal of ensuring a successful transition to life after high school, we recognize that young men and women face vastly different challenges on their journeys to adulthood. Our WOWY and PYP programs are intentionally designed to be gender-responsive to support the unique needs of students in high school. Our evidence-based program includes job skills training, leadership workshops, tutoring, SAT prep, college tours, and individualized guidance that provides our teens with the tools they need to thrive in the world.



40
students participate each year



10+
college tours each year



360+
community service hours each year



100%
of seniors go on to post secondary education or the military